

# Dubbo Regional Council – Disability Inclusion Action Plan

## Goals of the Disability Inclusion Action Plan

- Developing positive community attitudes towards people with a disability
- Creating a more liveable community for people with a disability
- Providing equal access to employment within Council for people with a disability
- Providing appropriate service information for people with a disability.

This Plan focuses on the services and facilities provided by Dubbo Regional Council and the actions which can contribute towards the goals of the Plan.



📞 (02) 6801 4000  
📍 Cnr Nanima Crs & Warne St  
✉ PO Box 81, Dubbo NSW 2830



## COMMUNITY DEVELOPMENT OFFICER – SENIORS AND PEOPLE WITH A DISABILITY



# How Dubbo Regional Council can help you.

## We provide information on:

- Disability services
- Myagedcare
- Community Transport
- Activities and groups within our LGA
- Service providers and programs to assist you at home
- Access issues or questions
- Carer Support
- Information for the whole Dubbo Local Government Area

Dubbo Regional Council provides community access to halls and facilities in the villages of; Geurie, Mumbil and Stuart Town as well as:

- A fully accessible hall in Wellington which is available for different groups and events to use all year round (hire fee's on application)
- Community Development Officer and Wellington Multiservice Centre facilitate the Carer Support Group.  
ONCE A MONTH - every 2nd Tuesday at 10.30am.

## Weekly activities

Wellington Senior Citizen Centre 48 Swift St, Wellington

### MONDAY

Seniors Swim Group 11am - 2pm  
(to Dubbo)

### TUESDAY

Strength Exercises 9am - 10am

### WEDNESDAY

Strength Exercises 9am - 10am

### THURSDAY

Senior Citizens Club	10am	Morning tea
	10.30am	Hoy (card game)
	12pm	Generous 2 course lunch
	1pm	Games for everyone to enjoy

### FRIDAY

Tai Chi	9.30 - 10.30am
Indoor Bowls	1 - 4pm



## Community Development Officer – Seniors and people with a disability:

Christy White

**P** 02 6840 1755

**M** 0429 033 609

**E** [christy.White@dubbo.nsw.gov.au](mailto:christy.White@dubbo.nsw.gov.au)